

# Retreat

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The ancient Christian practice of retreat has always been understood as time set aside for the purpose of being with God. It's a time we can give our full attention to our Lord; speaking to Him and more importantly, hearing from Him. This Spring will you accept Jesus' invitation?



## To Register:

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1. Visit [www.Redeemer.us](http://www.Redeemer.us) for registration link
2. Mail form & check to :  
Redeemer Lutheran Church, 27015 Ridge Rd.,  
Damascus, MD 20872
3. Use the QR below:



# What to Bring

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1. Bible
  2. Blanket or something to sit on outside
  4. Pen
  5. Watch
  6. Personal toiletries
  7. I-Pod (optional)
  8. Camera (optional)
- Bring a snack to share if you wish.  
Linens are provided .

You will receive a confirmation letter with a schedule by late April. If you have any questions please call or email us:

Valerie Hobbs

[Valerie.hobbs@redeemer.us](mailto:Valerie.hobbs@redeemer.us)

301-253-3000

Kristen Neuberger

[kfneuby@yahoo.com](mailto:kfneuby@yahoo.com)

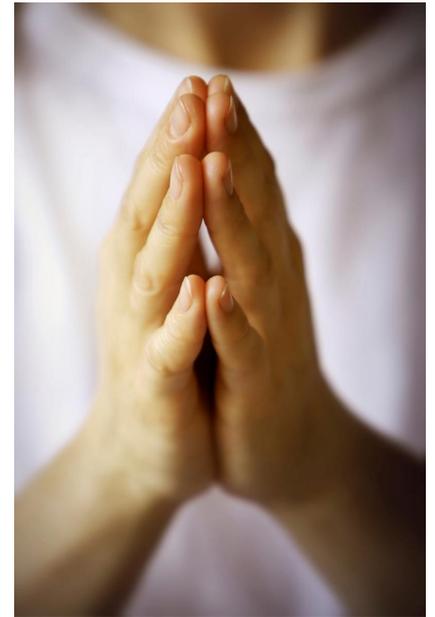
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# Praise His Holy Name

## 2019 Women's Prayer Retreat

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May 9 & 10, 2019



Redeemer Lutheran

WOMEN'S MINISTRY

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## Why does God want our praise?

*Let all that I am praise the Lord; with my whole heart I will praise His holy name. Psalm 103:1*

As Christians we know we are to praise and worship God but what does it mean to praise God and are we doing it enough? Webster's defines praise as "to say or write good things about God, to express love and respect for God."

How much do you love God? His worth to you can be measured by your expression of your love for Him; what you think of Him. Truth be told, I struggle with some expressions of praise and worship. My prayer life often lacks a focus on God and His majesty and place of honor in my life. All too often I'm focused on my various prayer petitions and perhaps some thanksgiving for prayers answered the way I had hoped. Could I, for once, just focus on telling God how good He is and how much I love Him?

Let me learn to praise Him with uplifted hands; with singing and with words; with dancing and with instruments, and in the fellowship of my Christian sisters.

Are you up for the challenge? Let's discover ways to express our praise to God for all that He is and all that He means to us. Like the Psalmist we can declare, "Let all that I am praise the Lord."

## Prayer Retreat Details

### When

Thursday, May 9, 2:00 pm through Friday, May 10, 3:00 pm

### Where

Bishop Claggett Center, Christiane Inn  
3035 Buckeystown Pike, Adamstown, MD

### Cost

\$115 - Covers overnight accommodation, dinner Thursday, followed by breakfast and lunch Friday.

Contact Valerie Hobbs, 301-253-3000 or  
Kristen Neuberger, 443-298-0011

### What women are saying about the retreat

*"Refreshing to our Souls. Quality time with God and others!!"* Janet

*"I love this retreat! It gives me the time to be alone in prayer that I need, but never take on my own."*

Joyce

*"It reminds me to wait prayerfully for God's guidance and strength (Tyranny of the Urgent)"*

Kristen

*"Spiritual encouragement for our relationships with God, ourselves, and with others."* Mary-Eileen

*"Time to "Be Still", to praise and worship God in prayer and scriptures"* Sandy

**Redeemer Lutheran Church**

27015 Ridge Rd., Damascus, MD 20872

# Prayer Retreat May 9 & 10, 2019

**A Day of Praise**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Only registration with payment included for \$115 received by April 21st will be considered reserved. Checks may be made payable to Redeemer Lutheran Church with "Prayer Retreat" written on the memo line. Redeemer Lutheran Church, 27015 Ridge Rd., Damascus, MD 20872