

Healing and Holistic Health

Fit for Life

First Place for Health Bible Study

A weekly Bible Study focusing on daily devotions, Bible Study, and discussion on healthy living topics. Participants are encouraged through mutual accountability to journey towards spiritual, mental, emotional, & physical wellness. REGISTRATION IS RECOMMENDED.

When: **Thursday** (meets weekly October-April)
Time: **7:00-9:00pm**
Where: **Redeemer Lutheran Church** Room# 125
Who: Women (men are welcome too)

Leader: Melanie Lauer
301-253-4831
MML927@aol.com

Parent Support Group

A loving group of individuals who gather to support and encourage those parents dealing with grown children with a myriad of life issues that impact the family.

When: **1st Sunday** of the month
Time: **1:00-4:00pm**
Where: **Home of the Matson's** Contact Sandi for an address
Who: Women (men are welcome too)

Leader: Sandi Matson & Pastor Ray Scheck
301-607-6932

Holy Yoga

When: **Saturday** (weekly)
Time: TBD
Where: **Redeemer Lutheran Church**
Who: Men and Women

Leader: Ingrid Manfredo
301-639-1545
IJManfredo@comcast.net

Celebrate Recovery

A Christ centered ministry that gives people the resources and relationships to help recover from life's hurts, habits, and hang-ups. For anyone struggling with past or current dysfunctions or compulsions, whether they are affecting their own life or the lives of those around them. The purpose of CR is to fellowship and celebrate God's healing power in our lives through the Eight Recovery Principals found in the Beatitudes and Christ Centered Twelve steps. By working these steps and applying the principals, we begin to grow spiritually. We are freed from our addictive, compulsive, and dysfunctional behaviors. This freedom creates peace, serenity, joy and most importantly, a stronger personal relationship with God and others.

Worship, Testimonies, Teaching, & Open Share Groups

When: **Tuesday** year round
Time: **7:00-9:00pm**
Where: **Redeemer Lutheran Church** Chapel
Who: Men, Women, Young Adults

Leaders:

Cherri Warren

cawarren1220@gmail.com

Steve Ellis

stevend@redeemercr.com

Growing as Disciples of Jesus



Redeemer Lutheran Church exists to help people heal, grow, serve and go into the mission field. How do we do that? We believe a key component of spiritual growth happens when people come together in biblical community, in intentional relationships where they are encouraged to grow. We understand community as the way God has grown people throughout history – it's a model found in the pages of the New Testament.

What are LifeGroups?

LifeGroups are communities where each member can feel welcomed and accepted and cared for wherever they are in their faith journey. LifeGroups are safe places where sharing is confidential, and where effective growth happens. LifeGroups meet outside of the church usually at homes, or possibly in the community and would be made up of believers and those they would invite to join in fellowship.

In LifeGroups, members:

Listen to God through prayerfully engaging the Scriptures together.

Invest in those who make up their LifeGroup. Members are cared for, strengthened, and challenged to spiritual maturity through authentic relationship.

Feel and respond to the needs around one another. Members serve each other and the surrounding community with the love of Christ.

Engage others by sharing their faith through intentional efforts supported by the members of their group.

Ramblers

An active group of 55 and older men and women who are looking for social activity and fellowship. Activities include quilting, trips, monthly luncheons and informational meetings.

When: **3rd Thursday Quilting; 2nd Thursday Luncheon & Program**
Time: **10:00-1:00pm**
Where: **Redeemer Lutheran Church**
Who: Open to anyone who would like to spend some time with our Senior members.

Contact: Joanne Kessler, Kathie Zimmerman, Sue Lutz, & Jenny Hilegas
kathie.zimmerman@gmail.com

Grow Family Group

A lively group of young families with children who get together to support each other through life's challenges. Men and women alternate every week making it a bi-weekly study

When: **Wednesday Bi-weekly, (September—April)**
Time: **6:30-7:40pm**
Where: **Redeemer Lutheran Church Room 208**
Who: Young parents married or single

Contact: Valerie Bartel or Kyle Langham
(Valerie)301-980-1031 (Kyle)240-848-2562
volylgirl20@hotmail.com kyle.langham@gmail.com

Band of Sisters

An intimate group of women desiring deep fellowship with each other as together we explore God's presence in our lives through the study of His Word and prayer. We gather every week over breakfast and occasionally plan activities together.

When: **Wednesday Year round**
Time: **7:00-9:00am**
Where: **Mt. Airy: home of Valerie Hobbs**
Who: Women

Contact: Valerie Hobbs
240-499-4259
Valerie.hobbs@redeemer.us

Women's Life Group

An intimate group of women who gather for fellowship, prayer, and reflection on God's Word for their lives.

When: **Tuesday** Bi-weekly
Time: **6:30-8:30pm**
Where: **Damascus: home of Ellen Adams**
Who: **Women**

Contact: Ellen Adams
301-758-6107

Women's Life Group

An intimate group of women who gather for fellowship, prayer, and reflection on God's Word for their lives. Currently focusing on Soul Keeping-Maturing Women of the Bible

When: **Thursday**
Time: **10:00am-12:00noon**
Where: **Woodbine: home of Linda Paylor**
Who: **Women**

Contact: Linda Paylor
410-489-9160

Women's Life Group

An intimate group of women who gather for fellowship, prayer, and reflection on God's Word for their lives. Currently studying the Book of Acts.

When: **Thursdays**
Time: **8:15-9:15am**
Where: **Starbucks in Mt. Airy**
Who: **Women (not currently taking new participants)**

Contact: Joyce Anderson
joyce.anderson@redeemerr.us

Early Career Young Adults

The purpose of this group is to do life together as early career young adults. We study God's word together, we pray together, and we gather to eat and fellowship.

When: **Monday** Bi-weekly
Time: **7:00-9:00pm**
Where: **The Cabana: 7230 Woodville Rd. Mt. Airy, MD**
Who: **Young Adult Men & Women**

Contact: Trevor Hughes
trevorhughes@gmail.com

Men's Bible Study

Men who gather for fellowship, prayer, and reflection on God's Word for their lives.

When: **Friday**
Time: **6:00-7:00am**
Where: **Mt. Airy Inn**
Who: **Men**

Contact: Mark Neuberger
markneuberger34@yahoo.com

Grandparenting

The greatest potential for discipling the next generation lies with grandparents. Come join a dedicated group of grandparents who meet occasionally to encourage each other in this most important ministry.

For more information please contact:

Pastor Ray Scheck **Mike Hoopes**
301-831-6176 202-834-6345

Alongsider Groups for Women **Men's Discipling Groups**

Are you desiring a closer walk with Jesus, but you don't know where to start? Would you like to understand what the Bible says and how to live according to the Scriptures? Redeemer's Men's & Women's ministry have leaders willing to come along side you. Very small groups of 2-4 people meet in groups specifically designed to meet individual needs.

If you would like more information, please contact:

Karl Madden Men's Ministry	Valerie Hobbs Women's Ministry
240-626-9712	240-499-4259
maddenkm@comcast.net	valerie.hobbs@redeemer.us

Waterboyz & Waterlilez

Men's and Women's Bible Study groups that meet in the community and are made up of people from a variety of local congregations. For more information on groups that are available near you please visit:

www.waterboyz.org
www.waterlilyz.org

Community Bible Study

For more information on groups that are available near you please visit:

www.communitybiblestudy.org

If you would like more information, please contact: **Janet Hoopes** 301-452-4687

Serving in Community

EACH OF YOU SHOULD USE WHATEVER GIFT YOU HAVE RECEIVED TO SERVE OTHERS, AS FAITHFUL STEWARDS OF GOD'S GRACE IN ITS VARIOUS FORMS.

1 PETER 4:10

Many of our service teams at Redeemer function as small groups whether they are short term or long. Scripture, prayer and faith-strengthening fellowship characterize all our service teams.

For more information contact: **Pastor Trevor Hughes** trevorhughes@gmail.com

***** **Serving at Redeemer** *****

Sunday Morning Worship

Contact Jan Saxton at j.msaxton@comcast.net

Acolyte

Communion Assistant

Reader

Usher - Contact David Hall (davidgvmd@gmail.com) or Mark Neuberger (markneuberger34@yahoo.com)

Nursery Attendant - Contact Bev White (bevwhite29@gmail.com)

Communion to the sick and/or homebound - Contact Kathie Zimmerman (kathie.zimmerman@redeemer.us)

Sunday Morning Preparation & Clean up

Communion Glasses - Contact Jan Saxton (j.msaxton@comcast.net)

Provide Bread - Contact Jan Saxton (j.msaxton@comcast.net)

Altar Preparation - Contact Jackie Marcone (jackiemarcone@gmail.com)

Sunday School Substitute Teachers - Contact Kathie Zimmerman (kathie.zimmerman@redeemer.us)

Chair Set-up and Take-down - Contact Taina Schweitzer (ttschweitzer@gmail.com)

Guest Services - Contact Nikki Fischer (waquiltermom@mac.com)

Offering Counters, after 2nd service - Contact Debbie Lundahl

(deborah.l.lundahl@gmail.com)

Parking Team - Contact Debbie Tomlinson (debtom3@msn.com)

Sunday Morning Worship IT

Contact (TBD)

Sermon Audio Recording

Worship Computer Operator

Worship Sound Tech

Musician - vocal or instrumental

Testimony Video creation

Worship Graphics Builder

Behind the Scenes Teams

Safety and Security - Contact Debbie Tomlinson (debtom3@msn.com)

Office Volunteer - Contact tracy.stouffer@redeemer.us

Property - Contact Debbie Tomlinson (debtom3@msn.com)

Communications - Contact Pam Blodgett (pam.blodgett@redeemer.us)

Funeral Reception Team - Contact Jan Hosier (bobandjanh@gmail.com)

General IT - Contact Chris Sloop ([cgsloop@aws.com](mailto:cdsloop@aws.com))

Wednesday Evening Opportunities:

G.R.O.W. Teachers - Contact Doni Toland (dsanchez-05@hotmail.com)

Wednesday Evening Meal Preparation - Contact Karen Gammell (tkgammell@comcast.net)

***** **Serving Regionally** *****

Beacon House

A men's homeless shelter where we provide and serve a meal once a month.
Contact Paul Schweitzer (porschweitzer@gmail.com)

Rainbow Place

A women's homeless shelter where we provide volunteers and supplies.
Contact Jill Ochs (jillbochs@gmail.com)

Holiday Giving

Thanksgiving & Christmas dinner and gifts for local families in need.
Contact Andrea Whetzel (andrea.whetzel@verizon.net)

Faith Connections

Serves local families in need.
Contact Debbie Tomlinson (debtom3@msn.com)

Workcamp

A youth focused mission trip to revitalize poor communities.

Triple R Mission Ministry

Reinitializing local and regional communities impacted by natural disasters.
Contact Karen Bransom (bransom@verizon.ent)

***** Serving Globally *****

Mexico

A life changing evangelism mission trip.
Contact Elliotte or Laurie Want (wante@aol.com)

Nicaragua

A mission trip to serve the poor alongside our sister parish, Fe Y Esperanza.
Contact Trevor Hughes (trevorkhughes@gmail.com)

Kenya – One Life Africa

Providing education and discipleship training to disadvantaged teens.
Contact Valerie Hobbs (valerie.hobbs@redeemer.us)

Going on Mission with Jesus

Missional Communities

Small groups of men and women seeking fellowship, prayer, and mutual accountability around the 5 Missional Practices:

- Seek the Kingdom
- Listen to Jesus
- Enjoy People
- Do Good
- Minister through Prayer

Beginning in 2019, these groups will be exploring what living in a missional community could look like. Each group will reflect its own unique style. All groups will focus on helping each other practice the principals of living as everyday, ordinary, missionaries launched into our places of work, play, school, or neighborhoods.

Bromhal Missional Community

When: 2nd & 4th Thursdays
Time: Evenings
Where: New Market: home of P. John & Sue Bromhal

Leader: Pastor John Bromhal

john.bromhalrc@gmail.com

P. Trevor Missional Community

When: 2nd & 4th Wednesdays
Time: 6:30-8:45pm
Where: Redeemer Lutheran Church

Leader: Pastor Trevor Hughes

trevorhughes@gmail.com

Tuesday Missional Community

When: Tuesday
Time: 10:00-12:00am
Where: Redeemer Lutheran Church

Leaders:

Pastor Ray Scheck	Mike Hoopes
301-831-6176	202-834-6345

DeMattia Missional Community

When: Tuesdays Bi-weekly
Time: 7:00-9:00pm
Where: Ijamsville: home of Phil & Donna DeMattia

Leaders:

P. Ray Scheck	Donna DeMattia
301-831-6176	panddemattia@comcast.net

Adams Missional Community

When: Tues or Wed
Time: TBD
Where: Damascus: home of Ellen Adams

Leader: Ellen Adams

301-758-6107

Gensch Missional Community

When: Saturday
Time: mornings
Where: Mt. Airy: home of Leif & Julie Gensch

Leaders: Leif & Julie Gensch
301-798-2852

Joining Jesus in Nottingham

When: Once a month starting in January 2019
Time: mornings
Where: Mt. Airy: home of Scott & Joyce Anderson

Leaders: Scott & Joyce Anderson
Joyce.anderson@redeemer.us