

Spending a Day in Prayer.

Who are the Giants of the Faith in your life? Whether they lived in the distant past or are still among us today, one thing you will likely discover is the centrality of prayer to their life and faith. In everything pray, pray without ceasing; the Bible is clear we can never pray too much. Christians don't argue this point; they simply have trouble working it into the fabric of their lives. So the thought of spending a whole day in prayer is not only daunting but perhaps scary.

Over the years I have led several groups of women through a Navigator study on Discipleship entitled *The New 2:7 Series*, based on Colossians 2:7. Every Christian needs to be rooted and built up in Christ. A big part of this process is prayer; in fact you simply can't have a relationship with Christ without prayer. The bible provides guidelines and examples for developing a prayer life. First, we should pray without ceasing, meaning that we should acknowledge his constant presence as our day unfolds. Second, start the day with quiet devotions and prayer. And third, plan periodic extended times of prayer that allow for God's perspective on our long range plans.

It is this last type of prayer that I'd like to invite you to consider. I will once again be leading a group of women in a Day of Prayer at a wonderful Retreat Center in Pennsylvania this coming May. The retreat is planned for mid-week and involves one overnight stay. The cost of \$85.00 covers lodging and 3 meals.

Are you making time to seek God's will for your life in prayer? If you are interested in a deeper prayer life and have questions about how to do this, let me share what insight I've gained in my faith journey. Consider joining us for a **Day in Prayer Retreat** this spring.

A servant of Christ,
Valerie Hobbs

Black Rock Retreat Center
Leaving Redeemer **May 12 at 10:30 am**
Returning **May 13 around 5:30pm**

Cost: **\$85.00** (accommodations & 3 meals)

